

## Masks, helmets and suits Harnesses and Jackets



**Name** Harnesses and jackets  
**Type** Arvest MK4, MK5, Webbing recovery harness MK1, MK2, MK3 and R-Vest

Safety harnesses were, in the past, time-consuming to dress and complicated. However the ARVEST principle evolved to reduce the time and complication of dressing divers in safety/recovery harnesses, bail-out bottle harnesses and weight belts. The basic detailed design incorporated in the original Arvest is unlike any other, especially inferior copies. The strong base material of the Arvest distributes the load across the body.

The 'harness' arrangement will support a fully kitted diver securely and with comfort. The lower "d" rings are well placed for tool or umbilical fastenings. The strap tails are neatly stored out of the way by the use of velcro - no annoying loose strap ends. The diver may be recovered in the event of injury by attaching an appropriate recovery tackle to either of the shoulder mounted 'D' rings or via the 'D' ring located in the center of the chest.

**The through-crutch straps must not be removed if the harness is to remain safe and effective.**



### ARVAST MK4

This Arvest is the original bell diver's harness with four non-ditchable weight pockets, each of the four holding up to 6 lbs of lead.

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### Arvest MK5

This Arvest is suitable for surface diving as the weight pockets are readily released via two nylon-pull rods. Six pockets take up to 8 lbs lead weight each.



### Webbing Recovery Harness MK1

This is a simple diver-recovery/tool harness with recovery point at the neck. Two D-rings are provided for umbilical/ tool attachment points.

### Webbing Recovery Harness MK3

This is a webbing harness with six (8lb) ditchable pockets. The harness incorporates the diver's recovery harness and quick release weight assemblies as used in the Arvest. Four D-rings for tools and umbilical attachment are provided at the front of the harness.



### Webbing Recovery Harness MK2

This is a simple webbing harness with Backpack. The harness is identical to the simple webbing harness but has a rubber backplate mounted between the two back straps allowing a bail-out cylinder to be secured via conventional cylinder bands or stainless steel banding clamps. Alternatively a Kam Pac is fitted (as shown in the picture) allowing cylinders of various sizes to be used.



### Norther Diver Harness/ R-Vest with lace-up

- Brand: Norther Diver, type R-Vest
- Extremely comfortable to wear
- With quick release weight pockets
- Distributes loads evenly over the body
- Complete with Subsupply toolbag

Three recovery points (one on each shoulder, and one centre chest) ensure that the diver may be rescued in the event of an injury. The Northern Diver R-Vest harness is manufactured from ultra-durable materials which give maximum comfort and long product life. R-Vest complies with the relevant requirements of EN 250 2000.



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